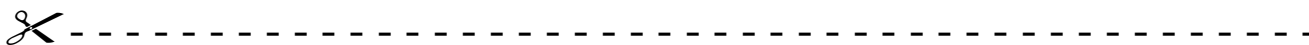


HOW YOU CAN SUPPORT INSIGHT MEDITATION SOUTH BAY

- Mail or in person: Use the convenient form below or bring your donation to one of our weekly meetings.
- Internet: IMSB uses Network for Good's secure web site for automatic donations over the Internet (click on the donation button at www.imsb.org or go directly to www.networkforgood.org). At Network for Good you can make a one-time donation or automatic regular monthly, quarterly or annual pledges. You can also make a gift in the memory of someone. Payments can be made by credit card, PayPal, or their own "Good Card."
- Company Matching Gifts: Some companies offer gift matching to employees when they make a donation to a non-profit of their choice. Please check with your employer to see if they have a matching donation policy and, if so, include their form with your IMSB donation card.
- Gifts of Investments: IMSB is able to receive direct donations of investment assets. Using appreciated stock, bonds, mutual funds, or real estate may be a tax-wise way to fund your gift to IMSB. Gifts of securities held for more than one year are usually exempt from capital gains taxes and outright gifts may entitle the donor to a tax deduction equal to the fair market value of the securities at the time of transfer. This may allow direct donations of investments without requiring donors to pay capital gains taxes on the sale—usually a smarter strategy than simply selling the investments, paying the income taxes and subsequently donating cash. Please contact our philanthropic advisor (below) for specific rules and information for an investment gift.
- In Kind Gifts: Gifts, such as airline mileage credits, printing and photocopy services, supplies, and professional services as either Teacher or Operations *Dana* are accepted. We also welcome sponsorship of specific operational expenses or benefits, including rent, postage for mailings, guest teacher programs, insurance, and teacher retirement/health insurance benefits.
- Service: IMSB relies on a variety of voluntary gifts of time, skill, and talent such as coordination of projects and events, graphic design, website management, publicity, and editing. We welcome your interest and involvement, so please contact our Volunteer Coordinator (below) to see how we can best utilize your talents.

CONTACT US: For further information about these and other ways you can support IMSB, please contact our philanthropic advisor, Glenn Smith CFP® CIMC® at glenn@glenndsmith.com, 408-395-1002/800-476-5713, or our Volunteer Coordinator, Susan Larson, at volunteer@imsb.org. Our mailing address is: IMSB, PO Box 490, Menlo Park, CA 94026.

Insight Meditation South Bay is incorporated as a nonprofit in the State of California and is recognized by the Internal Revenue Service Under Section 501 (c)(3).



Yes, I'd like to support Insight Meditation South Bay with my tax-deductible gift (detach and return).

☐ One-time cash donation enclosed: ☐ \$1000 ☐ \$500 ☐ \$250 ☐ \$100 ☐ \$50 ☐ Other \$ _____

Designation of gift: \$ _____ operating expense *dana* \$ _____ teacher *dana*

☐ One-time or recurring donations via credit card or PayPal at Network for Good (www.networkforgood.org)

☐ One time: \$ _____ or ☐ Recurring: ☐ Annual ☐ Monthly ☐ Quarterly Periodic amount \$ _____

☐ I would like to donate investment securities. Please have Glenn call me at the number below.

☐ My Company's matching gift form is enclosed to increase the value of my gift.

☐ Please have someone from IMSB contact me about volunteering and/or donating.



Please make checks payable to "IMSB."

Name _____ Email _____

☐ New email

Address _____

☐ New Address

City _____ State _____ Zip _____ Phone _____

Note: _____