

TABLE 12.7
Parts of the Body Organized by Element

DOMINANT ELEMENT	CORRESPONDING ELEMENT OR PART OF THE BODY	
<i>Earth</i>	Pentad 1:	Head hairs, body hairs, nails, teeth, skin
	Pentad 2:	Flesh, sinews, bones, bone-marrow, kidneys
	Pentad 3:	Heart, liver, diaphragm, spleen, lungs
	Pentad 4:	Intestines, mesentery, contents of the stomach, feces, brain
<i>Water</i>	Sextet 1:	Bile, phlegm, pus, blood, sweat, fat,
	Sextet 2:	Tears, grease, spittle, snot, oil of the joints, urine
<i>Fire</i>		<ol style="list-style-type: none"> 1. Heat that warms the body 2. Heat that causes maturing and aging 3. Heat of fever 4. Digestive heat
<i>Wind/Air</i>		<ol style="list-style-type: none"> 1. Air that rises up (e.g. belching) 2. Air that goes down (e.g. passing gas) 3. Air in the abdomen outside the intestines 4. Air inside the intestines 5. Air that pervades through the limbs 6. Air that enters and exits the lungs
<i>Space*</i>		<ol style="list-style-type: none"> 1. Space in the lungs, mouth, nose, ear, and other doors, organs, and body parts 2. Space between different organs and parts such as between skin and bones 3. Space between and inside rūpa kalāpās

* The space element is not a primary element; it is classified as a derived materiality