

TABLE 13.2
Mental Formations Associated with Jhāna

ONE CONSCIOUSNESS FORMATION	TWENTY-TWO BEAUTIFUL FACTORS
1. Consciousness (<i>citta</i>)	<i>Universals (19):</i>
	15. Faith (<i>saddhā</i>)
	16. Mindfulness (<i>sati</i>)
	17. Shame of wrongdoing (<i>hiri</i>)
	18. Fear of wrongdoing (<i>ottappa</i>)
	19. Nongreed (<i>alobha</i>)
	20. Nonhatred (<i>adosa</i>)
	21. Evenness of mind (<i>tatramajjhataṭṭā</i>)
	22. Tranquility of mental body (<i>kāyapassaddhi</i>)
	23. Tranquility of consciousness (<i>cittapassaddhi</i>)
	24. Lightness of mental body (<i>kāyalahutā</i>)
	25. Lightness of consciousness (<i>cittalahutā</i>)
	26. Malleability of mental body (<i>kāyamudutā</i>)
	27. Malleability of consciousness (<i>cittamudutā</i>)
	28. Workability of mental body (<i>kāyakammaññatā</i>)
	29. Workability of consciousness (<i>cittakammaññatā</i>)
	30. Proficiency of mental body (<i>kāyapāguññatā</i>)
	31. Proficiency of consciousness (<i>cittapāguññatā</i>)
	32. Uprightness of mental body (<i>kāyujjukatā</i>)
	33. Uprightness of consciousness (<i>cittujjukatā</i>)
	<i>Occasionals (3):</i>
	34. Wisdom faculty (<i>paññā</i>)
	35. Compassion (<i>karuṇā</i>)
	36. Appreciative joy (<i>muditā</i>)