

**TABLE 13.7**  
**Formations that Comprise the Impulsion Consciousness of Unwholesome Mental States**

ASSOCIATED MENTAL FACTORS	TYPE OF MENTAL STATE	Greed-based view ( <i>Lobha ditṭhi</i> )	Greed-based conceit ( <i>Lobha māna</i> )	Hatred/anger ( <i>Dosa</i> )	Hate-based envy ( <i>Dosa issā</i> )	Hate-based possessiveness ( <i>Dosa maccariya</i> )	Hate-based worry ( <i>Dosa kukkucca</i> )	Delusion-based restlessness ( <i>Moha uddhacca</i> )	Delusion-based doubt ( <i>Moha vicikicchā</i> )
Consciousness ( <i>citta</i> )									
<i>Ethically Variable Universals (7):</i>									
Contact ( <i>phassa</i> )									
Feeling ( <i>vedanā</i> )									
Perception ( <i>saññā</i> )									
Volition ( <i>cetanā</i> )									
One-pointedness ( <i>ekaggatā</i> )									
Life faculty ( <i>jīvitindriya</i> )									
Attention ( <i>manasikāra</i> )									
<i>Ethically Variable Occasionals (6):</i>									
Initial application ( <i>vitakka</i> )									
Sustained application ( <i>vicāra</i> )									
Decision ( <i>adhimokkha</i> )									
Energy ( <i>virīya</i> )									
Rapture ( <i>pīti</i> )	*	*							
Desire ( <i>chanda</i> )									
<i>Unwholesome Universals (4):</i>									
Delusion ( <i>moha</i> )									
Shamelessness of wrongdoing ( <i>ahirika</i> )									
Fearlessness of wrongdoing ( <i>anottappa</i> )									

Adapted from *Wisdom Wide and Deep: A Practical Handbook for Mastering Jhāna and Vipassanā* by Shaila Catherine (Wisdom Publications, 2011) Visit [www.imsb.org](http://www.imsb.org) for more resources.

**TABLE 13.7**  
**Formations that Comprise the Impulsion Consciousness of Unwholesome Mental States**

ASSOCIATED MENTAL FACTORS	TYPE OF MENTAL STATE	Greed-based view ( <i>Lobha diṭṭhi</i> )	Greed-based conceit ( <i>Lobha māna</i> )	Hatred/anger ( <i>Dosa</i> )	Hate-based envy ( <i>Dosa issā</i> )	Hate-based possessiveness ( <i>Dosa macchariya</i> )	Hate-based worry ( <i>Dosa kukkucca</i> )	Delusion-based restlessness ( <i>Moha uddhacca</i> )	Delusion-based doubt ( <i>Moha vicikicchā</i> )
Restlessness ( <i>uddhacca</i> )									
<i>Unwholesome Occasionals (10):</i>									
Greed ( <i>lobha</i> )									
Wrong view ( <i>diṭṭhi</i> )									
Conceit ( <i>māna</i> )									
Hatred ( <i>dosa</i> )									
Envy ( <i>issā</i> )									
Possessiveness ( <i>macchariya</i> )									
Worry ( <i>kukkucca</i> )									
Sloth ( <i>thīna</i> )		*	*	*	*	*	*		
Torpor ( <i>middha</i> )		*	*	*	*	*	*		
Doubt ( <i>vicikicchā</i> )									
Total		19–22	19–22	18 or 20	19 or 21	19 or 21	19 or 21	16	16

\*These factors are variable—they may or may not be present where indicated. Their presence or absence accounts for the variable number of factors for some of the unwholesome mind states. Sloth and torpor always appear together.